



dreaming with eyes open



Make your own dream catcher

Materials

1. 12 - 20cm hoop – plastic, metal, wood
2. Cord or ribbon to wrap the hoop. Any material about the thickness of a shoelace or a narrow ribbon. {18 x the hoop diameter}
3. PVA glue.
4. 4-5 bulldog clips to hold the cord in place. (See 2,3 below)
5. String to make the web. {11 x the hoop diameter}
6. Decorations. {feathers, beads, flowers, shells, charms, lace ...}
7. Google some dream catcher images to get your inspiration.

Directions

1. First put a few centimetres of glue along one section of the hoop so you can begin to wrap and glue the cord/ribbon.
2. Wrap the cord/ribbon tightly and close together over the glue, hold it in place with a bulldog clip.
3. Continue to glue, wrap and hold until you completely wrap the hoop.
4. Wait 15-30 minutes to allow the glue to dry and remove the clips.
5. Prepare your string to weave the web. Roll it into a small ball to make it easier to manipulate. If you want some decorations in your web you can thread them onto the string now and space them out as you weave.
6. Tie one end of your string to the hoop, leaving a 6cm tail.
7. Gently stretch the string across the hoop to another spot, wrap it around and under to form a hitch. You will do this 5 times so your string forms a hexagon.
8. Tie off where you started.
9. Inside your hexagon, use the mid-point of each side to do this again and create the next layer of your web.
10. Continue in this way until you end up with a complete web and tie off the centre securely.
11. Decorate your dream catcher by looping string or fabric strips through the bottom to create hanging parts, tie feathers to the bottom, thread charms as you go. Let your imagination run wild.
12. Lastly, make a loop to hang your dream catcher from the top.

