

How Do We Feel?

Based on **When Billy was a Dog** by *Kirsty Murray and Karen Blair*

Social Emotional Development

- Learning Intention: Help students to recognise their feelings when something happens.
- Extension: Discover other words with similar meanings (synonyms). E.g., tired, sleepy, exhausted.

Whole class – Discuss & Act

- As a whole class, discuss and role play (act) some feelings' language from the book.
- Like Billy, ask students for their examples of when they were feeling excited, tired, worried, relieved.

Task: Draw how Billy is feeling in these parts of the story. What will the emoticons look like?

1. (excited, happy) Billy is excited to see from his window Mrs Banerjee walking her dog.
2. (tired, sleepy, exhausted) Billy is tired after acting like a dog all day. Billy curls up in Fluff's basket and sleeps.
3. (worried, sad, concerned, unhappy) Billy is worried about Fluff because she made a strange sound when he was sleeping in her basket.
4. (relieved, grateful, thankful, happy) Billy is relieved to see Fluff safe with her new puppies.

 excited, happy	 tired, sleepy
 worried, unhappy	 relieved, thankful